

## Pre-Surgical Instructions

We recommend *prior* to your surgery:

- **Continue all routine medications** as prescribed.
- If you are on **blood thinners** such as Coumadin (Warfarin), Plavix, Eliquis, Xarelto, or Pradaxa, please be sure to notify our office and **DO NOT discontinue** these medications.
- If you take Aspirin or Aggrenox because of a history of disease (for example, heart attack or stroke), please **continue** this medication. If you take Aspirin in combination with another blood thinner, please do not discontinue Aspirin without first consulting with our surgical team. **\*\*In most situations, you will continue your blood thinner medications without interruption during your treatment with us.**
- Please discontinue non-essential blood thinners (fish oil, vitamin E, flaxseed oil, and non-steroidal anti-inflammatories- such as Naproxen and Ibuprofen) 10 days before surgery. For patients with a history of severe arthritis, please notify your surgical team.
- For patients with a history of artificial heart valve or joints, please notify us if you routinely take antibiotics before dental or other surgical procedures.
- Do not consume alcohol for 48 hours prior to your procedure.
- Please minimize tobacco smoking as much as possible, as this has implications for healing.
- If you are unable to identify the treatment area/biopsied site, please call the office.

We recommend the following the **day of** your surgery:

- Please bring an updated medication list to your appointment.
- No fasting is required. Please eat breakfast or lunch before your appointment. Caffeine is fine.
- Please wear loose-fitting clothing (old button-up shirts are ideal). Avoid pullover shirts.
- Please bring any reading material or laptop/ipads (patient internet is available), as well as snacks.
- Having a driver is ideal in most situations, especially when we are working on the face due to the potential for swelling/bruising that may temporarily obscure your vision.
- Please do not wear make-up if the lesion is located on the face. For lesions on the beard area, please do not shave for 48 hours prior to surgery.

***Surgical procedures may last for 3-5 hours or longer so please come prepared. Call our office at (401) 415-8586, option 3, to discuss any clinical questions with our surgical team prior to your appointment.***